

WHAT IS CLAIMED IS:

1. A system for making automatic backup copies of files when a personal computer is switched off, comprising:

at least one personal computer;

an internal or external storage unit connected to said computer;

a principal power relay connected to said computer; and

configurable control software installed in said computer,

wherein the system runs a configurable backup of selected files from the computer's hard drive to the storage unit, after which the computer is switched off by cutting power to the power relay, and wherein the control software is accessed by means of a user code, said user code being required to restore encrypted backup copies.